

Office of Congressman Darrell Issa Resources for Veterans and Families

<p>VA PTSD Hotline</p>	<p>Help for Veterans https://www.ptsd.va.gov/gethelp/help_for_veterans.asp</p> <p style="text-align: center;">1-800-273-TALK (1-800-273-8255) Press "1" if you are a Veteran</p>
<p>Helping a Family Member with PTSD</p>	<p style="text-align: center;">Helping a Family Member https://www.ptsd.va.gov/family/how_family_member.asp</p> <p style="text-align: center;">A Guide for Family and Friends https://www.ptsd.va.gov/publications/print/understandingptsd_family_booklet.pdf</p> <p style="text-align: center;">1-800-273-TALK (1-800-273-8255)</p>
<p>Escondido VA Clinic Open 7:30 am – 4:30 pm PST Monday-Friday</p>	<p>Escondido VA Clinic https://www.sandiego.va.gov/locations/escondido.asp</p> <p style="text-align: center;">815 East Pennsylvania Avenue Escondido, CA 92025-3424</p> <p style="text-align: center;">760-466-7020</p>
<p>San Diego VA Medical Center Inpatient Hours: 24 hours; Outpatient Services: Monday – Friday, 8:00 a.m. – 4:00 p.m.; Closed Federal Holidays</p>	<p>San Diego VA Medical Center https://www.sandiego.va.gov/locations/directions.asp</p> <p style="text-align: center;">3350 La Jolla Village Drive San Diego, CA 92161-0002</p> <p style="text-align: center;">858-552-8585</p>
<p>San Diego County Veterans Resources</p>	<p style="text-align: center;">Veterans Resources https://www.sandiegocounty.gov/content/sdc/hr/VeteransResources.html</p> <p style="text-align: center;">619-236-2191</p>
<p>Riverside County Veterans Resources</p>	<p>Veterans' Services https://veteranservices.co.riverside.ca.us/County_of_Riverside</p> <p style="text-align: center;">951-955-3060</p>